

Most people find the hair will start to re-grow within 7-10 days following treatment. Immediately after treatment, the area may be red or slightly inflamed. Apply antiseptic cream to treated areas 3 times in the 24 hours following treatment where needed.

If your skin feels hot after treatment, bathe with a cold salt water solution regularly in the hours following treatment, this reduces inflammation and speeds up the healing process. (Add half a teaspoon of salt to one cup of boiling water and chill).

Do **not** expose the skin to sun, sunlight or sun-beds for 48 hours, use a steam room, sauna or any heat treatment for 24 hours. Do **not** have a bath or shower, swim in chlorinated water, do aerobics or any exercise for 24 hours. Do **not** massage the area for 24 hours.

Do **not** apply any moisturisers or body lotions, body sprays, deodorants or perfume other than those recommended by your therapist and do **not** apply talc, make up or false tan for 24 hours.